Principal’s message

Dear parents, students and staff,

Great carnival last Wednesday! Huge successful day for the students thanks to the fantastic organisation and team work of the staff and the terrific support of the parents—those who came to support and help. The P&C, led by Christina, put on a yummy barbecue with lots of other goodies which was lots of work and really appreciated. Thanks to Wil’s mum and dad, Rowan’s dad and Aaron’s mum for a great job timekeeping! This was our first standalone athletics carnival and it was successful and fun because we all worked together. The students tried really hard and the results will be announced in next week’s assembly.

As we near the end of this Term we get ready to say farewell to a few of our FSPS families because they are moving on to other places. Farewell to Ava(KF) and her family, heading off to new adventures overseas, to Fiona, Helena, Johanna Collins(2013 school captain) and their mum and dad as they begin a new chapter in Tasmania and farewell to Ellis(2/3) and his family as he heads off to a new school.

The Aria Music recital was a great event this morning. I remember the first performance almost 3yrs ago, there were only 2 or 3 students confident enough to perform. Today, 13 students performed for our audience. Some of them confident beginners, others more accomplished. It was great to see. Following that our school choir once again moved us with their beautiful singing. Thank you to Miss Lancey and JR for creating a school filled with music! Hope the great weather continues after Midwinter’s day tomorrow.

Kind regards,
Michele

Fort Street Public School
Upper Fort Street, Observatory Hill
MILLERS POINT NSW 2000
T 9247 2963  F 9241 2397  E fortstreet-p.school@det.nsw.edu.au
www.fortstreet-p.schools.nsw.edu.au
FSPS Athletics Carnival

by Rianne, 5/6L (Year 6)

Adrenaline, whistle, run, sweat, finish. These are the steps of a race. Heavy breathing, smiles and relief are the aftermath. The 100m, 200m, 800m, long jump and shot put competitors fought valiantly. Our legs were sore and it was a time to enjoy success.

All house – Watson, Argyle, Cumberland and Kent – cheered so loudly that I think most of us have a sore through. Coral was definitely the most passionate.

What were the two most exciting things on the day? We all loved the mouth-watering sausage sizzle. We also loved the first Kindergarten race. Watching them run with their tiny legs was lots of fun. It was enjoyable versing each other and one thing was for sure – we were all very TIRED!

We must also thank Miss Donaldson and Miss Farrow for organising the carnival. The day was a great success thanks to their great planning.

Book Bonus

Thanks to all the parents who signed up for the Book Bonus last week! Don’t forget to visit www.bookbonus.org.au if you haven’t already.
How to encourage children
If we, as parents, continually encourage our children we can have a deep and positive effect on them. The messages that we send them do stay in their minds and influence the way they think about themselves and how they behave. If we let children know often enough that they are inept or inadequate they will believe it, as we are significant reference points. Through the use of constant encouragement parents can promote self-confidence in the children as learners and as people.

Give children realistic responsibility. Through our actions we are giving them the message: ‘I know that you can do this.’

Point out children’s strengths and achievements. When correcting a child or pointing out an error, try focusing on a strength first. ‘I like the way that you write your letters. Now let’s concentrate on spacing your words out a little more.’

Recognise improvement they have made or effort they are putting in at school or at home. ‘Your reading has really come along…’ You can’t always praise their performance but you can usually make positive comments about their improvement, effort or attitude.

Express your confidence and faith in their abilities. ‘I know you can do it.’

Promote positive self-talk. When children do something will ask them how they feel about their efforts. ‘That’s a terrific drawing, Sarah. What do you think about it?’ Encourage them to make positive comments about themselves and discourage them from putting themselves down.

If you need a reminder to encourage your child – consciously develop the habit of offering a positive remark when they leave for school in the morning and when you say goodnight.

Tabloid sports
by Jake, 2H
The Athletics Carnival was at Birchgrove Oval on Wednesday. I competed in the 100 metre race. Students in Kindergarten to Year 2 also did sack races, egg and spoon races and three-legged races. There was also the mini shot put event. The three-legged race was very funny because Henderson had to drag me along. My favourite moment was when I got to drag Henderson.

Thank you to the parents doing the canteen at the Athletics Carnival. They gave me a hot dog, popcorn and an apple. The whole day was really fun!
Program update

Over the past week we have had so much fun! Look at the photos of our paper aeroplane flying competition! The children put so much effort into engineering their aircrafts, finding new ways of folding them and the best ways of throwing them. This activity was so popular that the children have requested it once again and it will be coming up in our last week of term.

For our last week next week we will be focussing on the relationships between peers and how children build and maintain their relationships. This will involve a lot of group games, challenges and cooperative craft.

A reminder to book in quickly for Holiday Program. The numbers are filling up fast and available spaces will begin to run out. We have two fun excursions planned, and a different theme for every day. Brochures are available on the red bench just inside the hall door.

Elly Dunn - Fort St Program Coordinator

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pancakes</td>
<td>3D Winter Snowflake</td>
<td>Story Time</td>
<td>Snap</td>
<td>Card Game Fish</td>
</tr>
<tr>
<td>Paper Aeroplane Flying Competition and “Capture the Flag”</td>
<td>Balloon Painting and Obstacle Course</td>
<td>Collage and Handball Competition</td>
<td>Make an Erupting Volcano and Treasure Hunt</td>
<td>Scrapbooking Photos and Playground Fun</td>
</tr>
</tbody>
</table>

OSH program phone: 0408 276 937
Coordinate: Elly Dunn
Assistant: Pame and Julia (Before School Care) / Steph and Matt (After School Care)
OSHClub Head Office: 03 85649000

All families must be enrolled to attend the program. Remember, this is free! Please create an account online at www.oshclub.com.au. All bookings and cancellations can also be managed via your online account. For on the day bookings please contact the coordinator direct at the program.
monkey baa theatre company presents Mem Fox's

ON SHOW
Tues 8 - Sat 19 July
at 11am & 1pm
at Lend Lease Darling Quarter Theatre
book at www.monkeybaa.com.au
FOR AGES 4-9

ART & ABOUT SYDNEY
LITTLE SYDNEY LIVES CHILDREN'S PHOTOGRAPHY COMPETITION

Sydney's smallest citizens are invited to show us Sydney through their eyes by entering the unique photography competition and exhibition as part of Art & About Sydney 2014.
Open to kids 3 to 11 years of age.
Completed entries must be submitted online at artandabout.com.au
artandabout.com.au

SUBMISSIONS NOW OPEN